STUDENT RE:SOURCE GUIDEBOOK
This information is provided to our students to be made aware of some resource options available in the downtown Grand Rapids area. The list is not inclusive and does not serve as an endorsement of any particular company. If you need specific help regarding resources, please stop into The Activities and Resource Center. For the most up-to-date information, please visit our website at www.kcad.edu.
FOOD ASSISTANCE

ACCESS OF WEST MICHIGAN: PANTRY NETWORK
(616) 774-2175
1700 28th Street SE, Grand Rapids, MI 49508
Provides assistance locating a food pantry near you. Visit www.accessofwestmichigan.org for more information regarding their services.

NEW HOPE BAPTIST CHURCH
(616) 452-4278
130 Delaware SW, Grand Rapids, MI 49507
10:00 AM - 12:00 PM / Monday & Wednesday
No income requirement, but proper I.D. must be presented.

EMERGENCY RE:SOURCE (KCAD)
Activities & Resource Center / 1st Floor, 17 Fountain Building
8:00 AM - 5:00 PM / Monday - Friday (Walk-in Hours)
Contact kcaders@ferris.edu if you would like to schedule an appointment. The Food Pantry provides food and limited art supplies to all enrolled students. There is no income requirement.

EMERGENCY RESPONSE SYSTEM
Contact kcaders@ferris.edu, this is a group of staff at KCAD ready to help with any questions or concerns regarding financial, academic, or personal issues. An appropriate member of the team will contact you to help solve the issue at hand. The e-mail is available 24-hours/day, but response time will vary on nights and weekends.

KCAD COUNSELING OFFICE
Activities & Resource Center / 1st Floor, 17 Fountain Building
8:00 AM - 5:00 PM / Monday - Friday (Appointment Times Available)
Free personal counseling available to all enrolled students. Counseling is short-term in nature. Feel free to stop by the Activities & Resource Center to schedule an appointment.

KCAD HOUSING GROUP
A Private Facebook group dedicated to KCAD students for finding housing and roommates. On Facebook search “KCAD Housing Group.”

KCAD RIDE SHARE
A Private Facebook group dedicated to KCAD students, faculty, and staff to use as a resource for finding opportunities to share transportation. On Facebook search “KCAD Ride Share.”

PARKING
There are several options for student parking. Visit www.kcad.edu/life/visiting/parking/

We at KCAD feel that if a student is struggling either inside or outside the classroom that he or she should not hesitate to contact the Emergency Response System at kcaders@ferris.edu

GRAND RAPIDS RESOURCES

UNITED WAY 2-1-1 HOTLINE
Heart of West Michigan United Way 2-1-1 is a free health and human service hotline that connects callers to more than 2,900 distinct services in Kent County. 2-1-1’s extensively trained and certified staff members offer help to people in need 24 hours a day, 7 days a week. Dial 2-1-1 from a landline phone or call long distance/toll-free at 1 (800) 887-1107.
When you have a problem or simply don’t know where to turn call United Way to put you in touch with programs that help with abuse, alcoholism, counseling, employment, legal matters, medical needs, rape, runaways, veterans’ services, transportation, and more.
**HEALTH RESOURCES**

**BIRKHAM HEALTH CENTER - FSU**
(231) 591-2614
1019 Campus Drive, Big Rapids, MI 49307
www.ferris.edu/HTMLS/studentlife/HCenter

KCAD/Ferris students and their families are eligible for medical care including evaluation and treatment for illness and injury anytime during the entire calendar year. Patients are seen on a walk-in and by appointment basis. **Student must pay a health fee of $47 per semester and health insurance will be billed for services.**

**CATHERINE’S HEALTH CENTER**
(616) 336-8800
1211 Lafayette Ave NE, Grand Rapids, MI 49505
www.catherineshc.org

Medical, Prescription Assistance, Labs, Outreach Classes and Activities, Limited Vision, Referrals for: Dental, Mental Health, X-Rays, Women’s Health, and OBGYN. See website for income eligibility and accepted insurance.

**HEALTH INTERVENTION SERVICES**
(616) 475-8446
15 Andre SE, Grand Rapids, MI 49507
www.hisgr.org

General Medicine, Prescription Assistance, Mental Health, Dental, Labs, Gynecology, Vision and Glasses, Social Work, Limited: Cardiology, Orthopedic, Physical Therapy, ENT. Mostly by appointment, uninsured, asks patients to pay a minimum fee if they are able.

**KENT COUNTY HEALTH DEPARTMENT**
(616) 632-7100
700 Fuller Ave NE, Grand Rapids, MI 49503
www.accesskent.com/Health/

Provides for the prevention, diagnosis, and treatment of sexually transmitted infections. Also provides counseling, education, and lab testing for HIV.

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**HEALTH INSURANCE**

**UNITED HEALTHCARE**
www.uhcsr.com

Student health insurance plan offered through Ferris State University. KCAD does not have its own separate plan for students, so enter Ferris State University in the field that states: “Find My School’s Plan”

**HEALTHY MICHIGAN PLAN**
www.michigan.gov/mdch/ then search Healthy Michigan Plan

Applicants must be between the ages of 19-64 years and meet income requirements. You may also contact Cherry Street Health Services for assistance in applying for this service (866) 299-1339.

**HEALTHCARE MARKETPLACE**
www.healthcare.gov

Individual or family plans managed by the federal government.

**PRIORITY HEALTHCARE**
(616) 942-0954
3111 Leonard St NE, Grand Rapids, MI 49525
www.priorityhealth.com

Individual or family plans offered.
OASIS OF HOPE CENTER

(616) 451-8868
522 Leonard St NW, Grand Rapids, MI 49504
www.ohcgr.org

General Medicine, Prescription Assistance. See website for income eligibility and insurance requirements.

CHERRY STREET HEALTH SERVICES

Cherry Street has multiple locations with multiple services. All services are not available at each location. Medical, Dental, Behavioral Health Services are available. See the website for details on hours of operation and services available at each location.

www.cherryhealth.org

New Patient Line
(616) 965-8308

Belknap Commons Health Center
(616) 742-9945
751 Lafayette Ave NE, Grand Rapids, MI 49503

Cherry Street Health Services
(616) 235-7272
550 Cherry St SE, Grand Rapids, MI 49503

Ferguson Adult Dental Center
(616) 776-2340
101 Sheldon Blvd SE, Grand Rapids, MI 49503

Heart of the City Health Center
(616) 965-8200
100 Cherry St SE, Grand Rapids, MI 49503

Patients 18 years and over. Accepts multiple insurances (Medicaid, Private Insurances, Kent Health Plans, and Uninsured with sliding fee scale).

HEARTSIDE CLINIC

(616) 685-3800
359 S Division Ave, Grand Rapids, MI 49503
www.mercyhealthsaintmarys.com/hearts ide

Medical Care, Mental Health, Substance Abuse, Food and Housing Assistance. High school-age and up. Accepts uninsured, under-insured, multiple insurances, and homeless.

SPECTRUM HEALTH INTERNAL MEDICINE

(616) 391-3777
25 Michigan NE Suite 2100, Grand Rapids, MI 49503
www.spectruminternalmed.com

Medical Care. Adults 18-years old and up. Accepts uninsured, most private insurances, Medicaid: Priority Health and Straight only, Kent Health Plan, Plan First.

SPECTRUM HEALTH OB/GYN CLINIC

(616) 391-2160
330 Barclay NE, Grand Rapids, MI 49503
www.spectrumhealth.org (search OB/GYN Residency Practice)

Women’s Health, Maternal Support. Accepts uninsured and multiple insurances.

SALVATION ARMY BOOTH CLINIC SERVICES

(616) 459-9468
1215 E Fulton, Grand Rapids, MI 49503
www.sasocialservices.org

Medical and Dental Services to women and children (males only to the age of 14 years). Accepts uninsured with sliding fee scale. Accepts multiple insurances (Medicaid, Private Insurances, Kent Health Plans, Plan First).

DENTAL SERVICES

616 DENTAL STUDIO

(616) 214-7865
171 Monroe Ave NW, Suite 100, Grand Rapids, MI 49503
www.616dentalstudio.com

GRAND RAPIDS COMMUNITY COLLEGE DENTAL CLINIC

(616) 234-4237
143 Bostwick Ave NE, Grand Rapids, MI 49503
www.grcc.edu/dentalprograms/dentalclinic

CHERRY STREET HEALTH SERVICES

www.cherryhealth.org
See Health Resources for the listing of locations and check the website for details on hours of operation and services available at each location.
**URGENT CARE**

**ALPINE URGENT CARE (SPECTRUM HEALTH)**
(616) 391-6220
2332 Alpine Ave NW, Grand Rapids, MI 49544
www.alpineurgentcare.com
Open seven days a week: 8:00am - 8:00pm
Open on holidays: 8:00am - 8:00pm

**CONCENTRA MEDICAL CENTER - WALKER**
(616) 785-2619
933 3 Mile Rd NW, #110, Grand Rapids, MI 49544
Open Monday - Friday: 8:00am - 5:00pm
Holiday: Closed Christmas Day

**WEST MICHIGAN URGENT CARE**
(616) 957-3500
4081 Cascade Rd SE, Suite A, Grand Rapids, MI 49546

**EAST BELTLINE URGENT CARE**
(616) 391-6230
2750 E Beltline Ave NE, Grand Rapids, MI 49525
www.mercyhealth.com/east-beltline-urgent-care
Open seven days a week: 8:00am - 8:00pm
Closed on Holidays

**MENTAL HEALTH SERVICES**

**ANXIETY RESOURCE CENTER**
(616) 356-1614
312 Grandville Ave SW, Grand Rapids, MI 49505
www.anxietyresourcecenter.org
A non profit organization where people can come together and find support, hope and inspiration. Learn to challenge your anxiety, through yoga, education, and support from others.

**ARBOR CIRCLE**
(616) 456-6571
1115 Ball Ave NE, Grand Rapids, MI 49505
www.arborcircle.org
Comprehensive counseling, addiction and support services for children, adults, and families. Many services free of charge, sliding fee scale and insurances accepted.

**SALVATION ARMY BOOTH CLINIC SERVICES**
(616) 459-9468
1215 E Fulton, Grand Rapids, MI 49506
Dental services to women and children (males only to the age of 14). Accepts uninsured with sliding fee scale. Accepts multiple insurances (Medicaid, Private Insurances, Kent Health Plans, Plan First).

**HEALTH INTERVENTION SERVICES (HIS)**
(616) 475-8446
15 Andre St SE (Burton & Division), Grand Rapids, MI 49507
www.hisgr.org
English and Spanish-Speaking. Uninsured/underinsured patients of all ages.
NETWORK 180: KENT COUNTY COMMUNITY MENTAL HEALTH
(616) 336-3909
790 Fuller Ave NE, Grand Rapids, MI 49503
www.network180.org

24 Hour Help-Line: (616) 336-3535 or (800) 749-7720
Referrals and crisis services for outpatient therapy, inpatient therapy, substance abuse, therapy and suicide assistance. Call for assistance in connection with counseling resources. Kent County residents of all ages. Accepts Medicaid, uninsured and under insured.

CATHOLIC CHARITIES OF WEST MICHIGAN
(616) 456-1443
40 Jefferson Ave SE, Grand Rapids, MI 49503
www.ccwestmi.org

CENTER FOR COUNSELING & PSYCHOLOGICAL CENTER
(616) 771-4171
WMU Grand Rapids, 200 Ionia Ave SW, Grand Rapids, MI 49503
www.wmich.edu/grandrapids/counseling/

RIVER CITY PSYCHOLOGICAL SERVICES
(616) 259-7207
233 E Fulton, Suite 524, Grand Rapids, MI 49503
www.grandrapidsmitherapist.com

WEDGEWOOD CHRISTIAN SERVICES
(616) 942-2110
3300 36th St SE, Grand Rapids, MI 49512
www.wedgewood.org

NATIONAL SUICIDE PREVENTION HOTLINE
(800) SUICIDE (784-2433)

NATIONAL SUICIDE PREVENTION LIFELINE
(800) 273-TALK (8255)

FAMILY OUTREACH CENTER
(616) 247-3815
1939 S Division Ave, Grand Rapids, MI 49507
focgr.org

FOUNTAIN HILL CENTER
(616) 456-1178
534 Fountain St NE, Grand Rapids, MI 49503
www.fountainhillcenter.org

HUMAN RESOURCES ASSOCIATES
(616) 458-0692
161 Ottawa Ave NW, Grand Rapids, MI 49503
www.hresource.com

LEONARD STREET COUNSELING CENTER/LIFE GUIDANCE SERVICES
(616) 954-1991
1400 Leonard St NE, Grand Rapids, MI 49505
www.lifeguidanceservices.org

NATIVE AMERICAN FAMILY SERVICES
(616) 451-6767
671 Davis Ave NW, Suite 2, Grand Rapids, MI 49504
www.focgr.org Services offered through the Family Outreach Center

PINE REST CHRISTIAN MENTAL HEALTH SERVICES
(616) 455-9200
300 68th St SE, Grand Rapids, MI 49548
www.pinerest.org

PSYCHOLOGICAL ASSOCIATES OF GRAND RAPIDS
(616) 957-9112
1000 Parchment Dr SE, Grand Rapids, MI 49546
www.pagr.net

CLAYSTONE CLINICAL ASSOCIATES
(616) 949-7460
3330 Claystone SE, Grand Rapids, MI 49546
www.claystoneclinical.com
SPECTRUM HEALTH BUTTERWORTH - OUTPATIENT PHARMACY

TREVOR PROJECT
Trevor Lifeline
(866) 488-7386
www.thetrevorproject.org
Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning young people ages 13-24.

MENTAL HEALTH EMER.

FOREST VIEW HOSPITAL
(800) 949-8439
1055 Medical Part Dr SE, Grand Rapids, MI 49546
www.forestviewhospital.com

PINE REST CHRISTIAN MENTAL HEALTH SERVICES
(616) 455-9200 or (800) 678-5500
300 68th St SE, Grand Rapids, MI 49548
www.pinerest.org

PREGNANCY RESOURCES

DIPLOMAT PHARMACY/GOOD NEIGHBOR PHARMACY
(616) 301-8200
214 Fulton St E, Grand Rapids, MI 49503

SPECTRUM HEALTH BUTTERWORTH - OUTPATIENT PHARMACY
(616) 391-1638
100 Michigan St NE, Grand Rapids, MI 49503

ST. MARY’S PHARMACY SERVICES
(616) 685-6105
300 Lafayette Ave SE, Grand Rapids, MI 49503
(616) 685-1147
360 Division Ave S, Grand Rapids, MI 49503

WALGREENS PHARMACIES
(616) 776-9925
425 Fuller Ave NE, Grand Rapids, MI 49503
(616) 458-8300
800 Leonard St NW, Grand Rapids, MI 49504

PREGNANCY RESOURCE CENTER
(616) 456-6873
415 Cherry St SE, Grand Rapids, MI 49503
www.prcgr.com

Provides reliable and confidential information regarding: abortion & alternatives, emergency contraception, sexually transmitted infections, after abortion questions, free pregnancy test.

PLANNED PARENTHOOD CENTERS OF WEST MICHIGAN
(616) 459-3101
425 Cherry St SE, Grand Rapids, MI 49503
www.plannedparenthood.org

Provides comprehensive, confidential, sexual health services. Promotes and ensures sexual health, responsibility and individual rights and privacy.

DA BLODGETT
(616) 451-2021
805 Leonhard St NE, Grand Rapids, MI 49503
www.dablodgett.org

Provides resources and support for individuals seeking to explore their spiritual and religious beliefs and values.

TREVOR PROJECT
(866) 488-7386
www.thetrevorproject.org
Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning young people ages 13-24.
ABUSE/ASSAULT RESOURCES

SAFE HAVEN MINISTRIES
(616) 452-6664
3501 Lake Eastbrook St SE, Suite 335, Grand Rapids, MI 49512
www.safehavenministries.org
Domestic violence services only.

YWCA WEST CENTRAL MICHIGAN
(616) 459-4681 TTY/TDD: (616) 233-0650
25 Sheldon Blvd SE, Grand Rapids, MI 49503
www.ywcawm.org
Domestic Violence & Sexual Assault Services.

PERSONAL PROTECTION ORDER OFFICE
https://www.accesskent.com/Courts/ Search Personal Protection Order

MEN’S RESOURCE CENTER
(616) 456-1178
534 Fountain St NE, Grand Rapids, MI 49503
www.menscenter.org

LEGAL SERVICES

LEGAL AID OF WEST MICHIGAN
(616) 774-0672
89 Ionia Ave NW, Suite 400, Grand Rapids, MI 49503
www.legalaidwestmich.org
Provides free legal assistance to low-income persons encountering a civil [non-criminal] legal problem including spousal or child abuse, public assistance, consumer rights or tenants rights. Will defend, but not initiate custody cases.

LEGAL ASSISTANCE CENTER
(616) 632-6000
180 Ottawa Ave NW, Suite 5100, Grand Rapids, MI 49503
www.legalassistancecenter.org
Provides information and assistance with various legal self-help family law firms. Also offers assistance with Small Claims and Landlord Tenant documents. Offers referrals to community agencies, legal aid, and lawyers.

GRAND RAPIDS BAR ASSOCIATION
Lawyer Referral Service
www.grbar.org/?page=67
Helps those who need legal services find an attorney in a particular area of law required by the client. A half hour appointment is arranged for 25 dollars to consult, ask questions, and inquire more fully about ramifications of a case. Additional charge if consultation is longer than 30 minutes.

VETERAN SERVICES

GRAND RAPIDS VET CENTER
(616) 285-5795
2050 Breton Rd SE, Grand Rapids, MI 49546

GRAND RAPIDS VA OUTPATIENT CLINIC
5838 Metro Way St, Wyoming, MI 49519
Provides local service information related to education, employment, healthcare and quality of life.

WEST MICHIGAN VETERANS COALITION
www.westmichiganveterans.com

KCAD STUDENT VETERAN ALLIANCE
A Private Facebook group dedicated to connect KCAD veterans by providing information, support, and guidance. On Facebook search "Kendall Student Veteran Alliance"
FAIR HOUSING CENTER OF WEST MICHIGAN
616-451-2980
www.fhcwm.org
Prevent housing discrimination, remove barriers that allow it to persist, and restore housing choice when discrimination happens.

GR URBAN LEAGUE
(616) 245-2207
www.grurbanleague.org
Provides help with landlord tenant affairs and rental delinquency counseling.

SALVATION ARMY BOOTH FAMILY SERVICES
(616) 459-9468
1215 E. Fulton Street, Grand Rapids, MI 49504
Central contact for emergency housing and shelter, food and nutrition programs, and seasonal services.

MEL TROTTER MINISTRIES
(616) 454-8249
225 Commerce Ave SW, Grand Rapids, MI 49503
www.meltrotter.org
A homeless shelter for men, women, and children.

GUIDING LIGHT MISSION
(616) 451-0236
225 Division Ave S, Grand Rapids, MI 49503
www.lifeonthestreet.org
Homeless shelter located in Grand Rapids.

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Homeless shelter located in Grand Rapids.

THE RAPID
www.ridetherapid.org
The Rapid (Interurban Transit Partnership) is the authority that provides a variety of public transportation services for the Grand Rapids metro area and beyond.

DASH PARKING & SHUTTLE
www.grcity.us Search DASH
Visit the website to learn more about the Downtown Area Shuttle routes as well as the parking options they offer.

ELLIS PARKING
www.ellisparking.com
Offers monthly parking at several locations in Grand Rapids, including right across the street from the Kendall campus.

METRO CAB
(616) 827-6500
www.metrocabgr.com
Offers 24-hour dispatch service as well as online reservations.

YELLOW CAB
(616) 459-4646
www.metrocabgr.com

CALDER CITY TAXI
(616) 454-8080